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A Hiking We Will Go

REMINDERS: Have fun this summer, but plan your summertime activities with safety in mind. The book Guidelines for Safe Scouting is a must for your pack library. Remember to use a permission slip for Den outings (Pow Wow Book p. 303); and the Webelos need a tour permit for overnight camping. Have fun and BE SAFE!

TIGER DEN LEADER HINTS

Tiger Cubs can work on Achievement 5G "Take A Hike With Your Den." When thinking about hikes, don't forget that you can take a bike hike and work on Elective 37 "Take a Bicycle Ride.' While you are on your hike, you may want to work on Elective 33 and have a "Cleanup Treasure Hunt."

DEN LEADER HINTS

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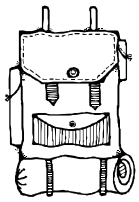

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Conservation Good Turn #8-Practice "No Trace"
Leave No Trace Patch
Wildlife Conservation Belt Loop

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Tiger	Wolf	Bear
A5D Leaf Rubbing	A6 Collection	A5 Sharing Your World
A5G Go on a Hike	A7 Your Living World	A9e Make Trail Food
E25 Ants on a Log	E18 Outdoor Adventure	A12 Family Outdoor
E33 Cleanup Treasure Hunt	E13 Birds	E12 Nature Crafts
		E22 Collecting Things

BLUE AND GOLD THEME IDEAS

Menu - Tin foil dinners
- Ants on a log
- S'mores

Activities - Hikes
- Campfire programs
- Treasure Hunt

Guest Speakers - Expert rock climbers
- Entomologists
- Bird watchers/experts

GATHERING/ PRE-OPENERS

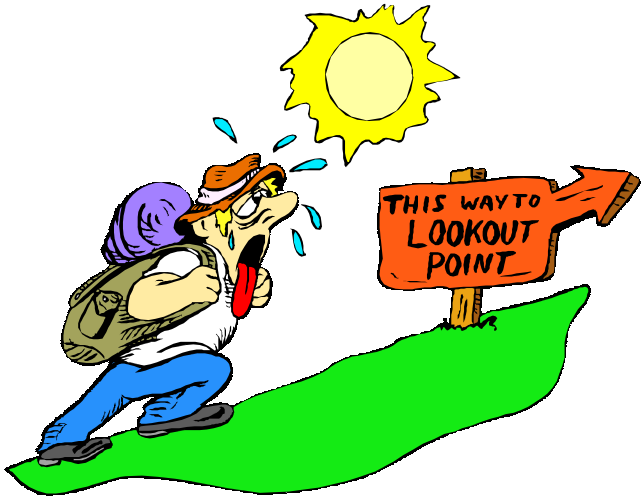
Alphabet Scavenger Hunt

- Find as many outdoor objects as possible that begin with each letter of the alphabet. Put them in a paper sack.
- Have them find the objects listed below, or any object beginning with each alphabet letter
- Adapt for indoors by hiding objects around the room. Scouts write it on the list as they see each object.

Possible Items to Find:

Ant, Bee, Caterpillar, Dandelion, Eagle, Flower, Grasshopper, Hay, Iris, Jay bird, Kite, Leaf, Mountain, Nest, Onion, Pine needle, Quill, Rabbit, Snake, Tent, Umbrella, Violet, Weed.

**Have a prize for the person or group who has the most objects located.*



Make Your Own Trail Mix

Another idea for the month would be to have ingredients to put a trail mix together. Each family can bring one item, then they all put them together.

You could use things like nuts, raisins, cranberries, pretzels, granola, any dried fruit, candy. (Skittles work well--they don' t melt.) Anything dried or hard that will keep for a long time works well as part of a trail mix.

OPENING, CLOSING, AND FLAG CEREMONIES

"I AM A SCOUT" FLAG CEREMONY

I am a Scout.
I am the future, the hope and strength of this nation. My uniform stands as a Beacon, for I have been trained to give service to all.
I am a Scout.
I symbolize many things. To the elderly I assist, I symbolize thoughtfulness; to the drowning child, bravery; to the accident victim, knowledge and a willingness to help.
I am a Scout.
I will continue to live the Scout Oath and Law. I will be a better man and leader for the future because I love the values and morals it teaches.
I am a Scout.
I realize the hills and mountains are a beautiful gift from God for me to enjoy & take care of.
I am a Scout.
To my country and community, I symbolize the hope and strength of this nation; for I am loyal to the flag, the constitution..
I am a Scout.
I love this country and all it stands for. I remember that many died for this country, so that all can live in peace and harmony.
Yes, I am a Scout,
And, with bursting pride, I present the flag of the United States of America and pledge allegiance to it. Follow me in the pledge

"CAMPFIRE" OPENING CEREMONY

[Gather in a circle, clasp right hands, raise left in Cub sign and all repeat or have boys say it one at a time].

#1 We are going to see nature' s treasures.
#2 We will see the beautiful trees and flowers without damaging them.
#3 We will observe nature' s animals without harming them.
#4 We will keep trails and campsites clean from our refuse.
#5 We will not pollute the lakes and streams.
#6 We will be careful with fire.
#7 We will think of those that follow us in the years to come and protect nature.

CUBMASTER MINUTE
FOREST FIRE AT YELLOWSTONE

An article in National Geographic told about a forest fire in a National Park. After it was over, forest rangers hiked in to assess the inferno' s damage. One ranger found a bird literally petrified in ashes, sitting on the ground at the base of a tree. Somewhat sickened by the eerie sight, he probed it with a stick. Three tiny chicks scurried from under their dead mother' s wings. The loving mother, knowing her babies were unable to outrun the approaching fire, gathered her offspring under her wings at the base of a tree. She could have flown to safety, but had refused to abandon her babies. When the blaze had arrived and the heat had scorched her small body, the mother had remained steadfast. She had been willing to die so that those under the cover of her wings would live.

"He will cover you with his feathers, and under his wings you will find refuge." (Psalm 91:4)

ADVANCEMENT CEREMONIES

HIKING CUP AWARD HOLDERS

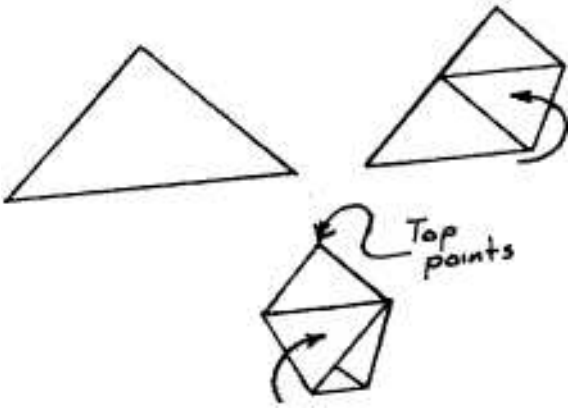
Before pack meeting, make several **emergency cups** *(see below) for presenting your awards. Have the awards inside the cups.*

Tell your pack meeting audience you have been on a long hike and you are extremely thirsty. Ask them to wait just a moment before you give out awards.

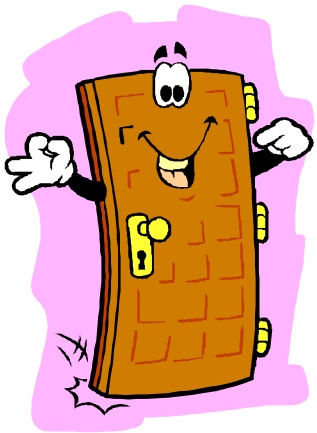
Start with a square piece of paper about 8” x 8.”

Fold the paper in half to make a triangle. Lay the triangle flat with the longest side toward you and the point away. Fold the right side up as shown. Then fold the left side.

Separate the two top points and fold them down on opposite sides. Spread open your cup and pour a small bit of water into it and then drink it.



Using the cups, give the boys their awards.



THE DOOR

(Welcome a new leader)

This door can let people in, or it can keep people out - this door. This door could be a church, a school, a home, or it could be a dirty cellar, an abandoned building or a reform school - this door.

This door could be opened to more boys in existing units, or it could be slammed in their faces -this door. This door could a carry a welcome sign or be quarantined, or “Full House, Keep Out”-this door. This door can open into the warm light of a den or pack meeting, or it can be kept locked and dark. This door, for a boy, could be opened to a great wide wonderful world or it could open to a jail - this door.

Watch the boys 8, 9, 10 years of age as they come up to this door - the happy, the carefree, the trouble, the crippled, the halt, the lame, the blind, the deaf, the black, the white, the red, the yellow; every single boy.

This door opens to only one of every three. Two boys are turned away, away from the door that opens to adventure, to wholesome experiences, to an understanding of God, to an appreciation of and love for country. Doors must be opened before boys can enter.

Boys will seldom go up and knock on the door. They do hang around outside and wait to be invited in. What boys do and think cannot be left to chance. Open that door for just one more. Then, open that door for just one more. And then, open that door for just one more.

GAMES

THE OTHER GUY'S OBSTACLE COURSE

Standard Obstacle Course set-up, but small: Tire to go through, chest high rope to go over, "creek" to cross, bell suspended out-of-reach to ring. The trick is, you may not do anything to maneuver yourself through any obstacle - the other people in the Patrol have to push/pull/carry/lift/etc. to get you through! First Scout lies down, and is stuffed through the tire, whereupon he may help pull subsequent Scouts through. At the over-the-rope obstacle, each Cub Scout must be lifted over by the others and deposited on the other side (getting the last one over can take ingenuity!) To go over the "creek", the Scout whose turn it is may not "get wet", but everyone else may. Build a human pyramid to reach the bell. Timed event, starts at ref's "Go," and ends when bell rings. Lots of tumbling around!

DONKEY RACE

Two boys straddle a broomstick, back to back. On the signal, one runs forward and the other runs backward about 50 ft. They then run back to the starting line, but this time they change positions. (Forward becomes backward runner). Then the next two team members go.

WATER OBSTACLE RACE

Each team starts with 1 or 2 gallons of water. Fill two bowls with water. Using one hand, the players need to hold the bowl on their head and go through an obstacle course. The object is to see which team can get the most water back to the start by the time all the team members go through.

BABY, IF YOU LOVE ME, SMILE

Players form a circle with one player in the middle (it). The person must approach players in the circle and ask, "Honey, do you love me?" The person being questioned must answer, "Honey, I love you but I just can't smile." If he smiles or laughs, he becomes it, and the previous middle person joins the circle. The person who is "It" is not allowed to touch other players but may make as many funny faces as he wishes.

SKITS AND STORYTELLING

JUST A HIKE IN THE WOODS

A guy' s going on a hiking vacation through the mountains out West. Before setting off into the boonies, he stops into a small general store to get some supplies. After picking out the rest of his provisions, he asks the old storeowner,
"Say, Mister, I' m going hiking up in the mountains, and I was wondering; do you have any bears around here?" "Yep," replies the owner. "What kind?" asks the hiker.
"Well, we got black bears and we got grizzlies". "I see," says the hiker. "Do you have any of those bear bells?" "What do you mean?" asks the storeowner. "You know," replies the hiker, "those little tinkle-bells that people wear in bear country to warn the bears that they are coming, so they don' t surprise the bears and get attacked." "Oh yeah," replies the owner. "They' re over there," he says, pointing to a shelf on the other side of the store. The hiker selects a couple of the bells and takes them to the counter to pay for them. "Tell me something," the hiker inquires, "How can you tell when you' re in bear territory, anyway?" By the scat," the old fellow replies, ringing up the hiker' s purchases. "Well, um, how can I tell if it' s grizzly territory or black bear territory?" the hiker asks. "By the scat," the storeowner replies.

"Well, what' s the difference?" asks the hiker. "I mean, what' s different between grizzly scat and black bear scat?" "The stuff that' s in it," replies the storeowner. Getting a little frustrated, the hiker asks, "OK, so what' s in grizzly bear scat that isn' t in black bear scat?" he asks, an impatient tone in his voice. "Bear bells," replies the old man as he hands the hiker his purchases.

A HIKING WE WILL GO

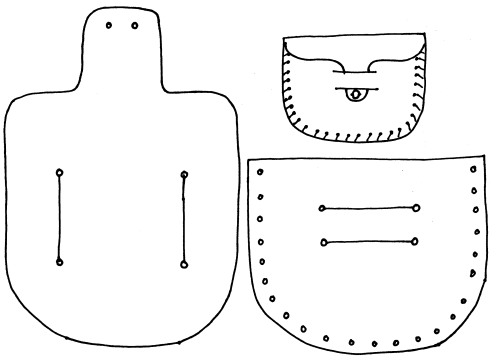
This skit takes place inside a tent. If using a real tent, lines could be read because cubs will be out of view of the audience.

Pete: Hey Ben. You all right?
Ben: (sleepy) Yes.
Jim: Why don't you guys be quiet. I'm trying to sleep. (Silence)
Tom: Hey Pete. You all right?
Pete: Sure.
Ben: Wish I had Skippy here.
Jim: A dog in a tent? What for?
Ben: To keep me warm.
Pete: Yea, keep you warm. You're scared.
Tom: You guys go to sleep. (Silence)
Ben: Listen! What's that noise?
Pete: Just the wind blowing.
Tom: Might be something prowling around.
Ben: What?
Tom: Oh, I don't know. A bear, maybe.
Jim: Yeah, or it could be a coyote!
Pete: A coyote?
Jim: Maybe it's a mountain lion.
Ben: Oh, no!
Tom: Hey, it's coming closer, where's my flashlight.
Pete: Lookout! It's coming in the tent.
(All yell and run out of the tent. Flashlight shines on Ben, who is holding a dog)
All: It's Skippy!

THEME CRAFTS

HUG A TREE POUCH

You Need: naugahide or leather • string or plastic lacing • hole punch • scissors • pony bead • whistle • moist towlette • band-aids • hard candies emergency blanket or garbage bag •



Enlarge pattern so pieces are about 4 ½ inches wide. Trace on to naugahide and cut out. Punch a hole at each end of each slit, then cut slits. Place front piece on top of back piece (with right sides out) and punch holes through both layers together around edge. Lace together with plastic lacing. Punch holes on flap and lace a pony bead on. This will help keep the flap closed. Place whistle, towlette, band-aids, hard candies and garbage bag inside. Pouch can be worn on belt when hiking so boy has a few emergency items if he gets separated from group.

WALKING STICK

You Need: 1" dowel (48") or suitable natural stick • Leather or naugahide • hole punch •Plastic or leather lacing •

Cut a piece of leather 5-6" tall and about ½" narrower than the circumference of your stick. Punch holes about ¾" apart down the long sides of the leather. Lace the leather onto the stick (like lacing a shoe) near the top of the stick, securely knotting the lace at the end. If desired, drill a hole through the top of the stick to hang a wood or leather medallion from.

JEANS HIKING PACK

You Need: pair of jeans • clothesline cord • Take a piece of clothesline cord (approx. 12" long) and tie it around the bottom of each leg. Using the same cord, bring the bottom of the pant legs up and attach them to the belt loops on the back side of the pants straight above the legs. This makes the shoulder straps. Next, take another piece of cord and tie it near the upper part of the leg. Repeat on the opposite side. Fill the upper part of the jeans with your lunch, water, bottle, and other items to take along on your hike.

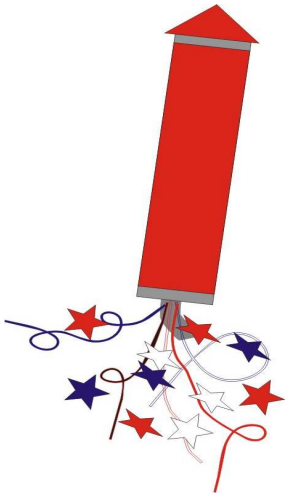
HIKING VISOR

You Need: fun foam • 12" piece of elastic • bandana

Using pattern on this page, cut the visor bill out of fun foam. Decorate with other pieces of fun foam as desired. String the elastic through the ends and measure length on the person's head to make a snug, but not tight, fit. Tie off the elastic. Put the bandana over the head, then put on the visor. If it is a hot day, you may wish to dampen the bandana

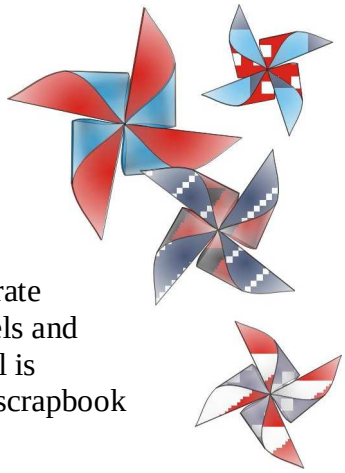
HOLIDAY AND SEASONAL CRAFTS

Patriotic Fun



Life Saver Firecrackers:

Boys love firecrackers! These are fun to make and fun to eat. Cut a piece of red paper to the size of the label on a roll of Lifesavers. Glue it onto the roll of lifesavers. Cut a 1-¼ inch circle out of the same paper, shape it into a flattish cone and glue onto one end. Cut silver, blue, and red glitter wire (available from most craft stores) into 3-inch lengths and poke them into the opposite end. Twist andspread to create the sparks.

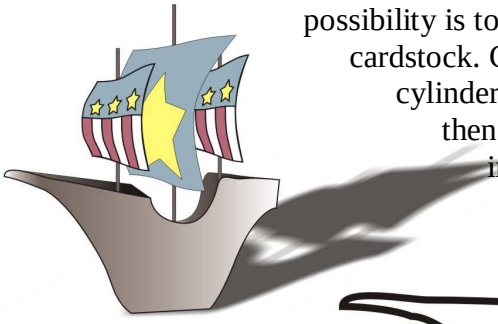


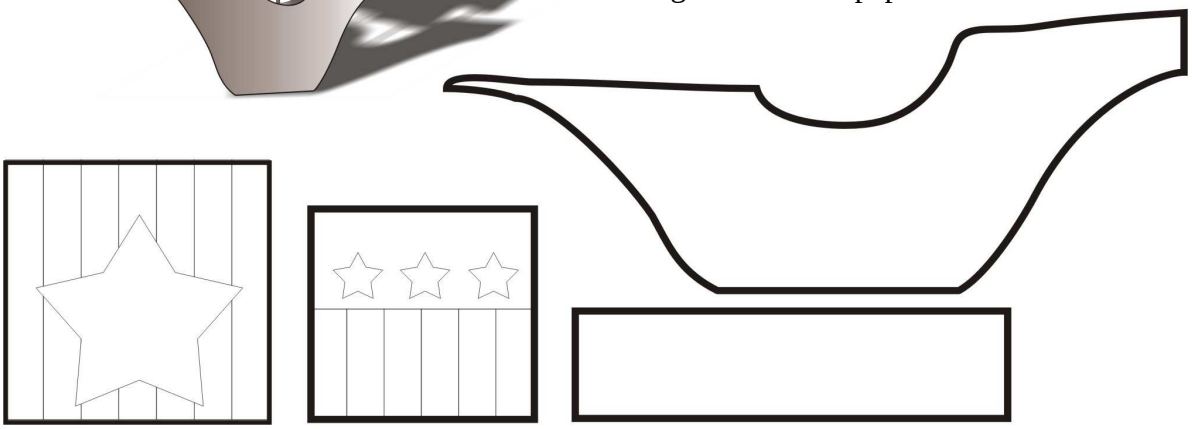
Pinwheels:

Pinwheels are always a favorite. Create them with a patriotic theme for Independence Day or any other patriotic holiday. Have the boys make stamps out of potatoes, fun foam or rubber erasers, and decorate both sides of a piece of square cardstock. Cut and form the pinwheels and use a pin or nail to assemble them onto a dowel. If a nicer pinwheel is wanted, use acrylic paints on mylar or thin craft foam (available at scrapbook or craft stores).

Columbus Ship:

This craft can be done in many ways, depending on the age and skills of your boys. Some of the possibilities include: Cut the ships body out of pine or basswood and let the boys whittle it to shape and then paint it. Drill holes for the dowels and glue on painted fabric sails. Another possibility is to cut two of the ship bodies out of craft foam or cardstock. Cut a 1”x 3” strip of paper and form into a short cylinder. Glue the cylinder between the two ship bodies and then glue along the front and back edges. Glue dowels in the center of the ship for the masts and attach flags made from paper or fabric.





NOTE: See Pow Wow Book 2002 September Theme for "Freedom Book" Instructions.

SONGS, CHEERS, AND SPARKLERS

RUN ON – 1

Cub 1 – It was so cold on that hike, that the candles froze and we couldn't blow them out!

Cub 2 – That's nothing, where we were, the words came out of our mouths in pieces of ice, and we had to fry them to find out what we were talking about!

SONG – HIKING

(Tune – Caisson Song)

Over hill over dale,
We will hit the green wood trail,
As the Cub Scouts go hiking along.
(Chorus)
And it's Hi, Hi, Hee!
The BSA for me,
Shout out our name and shout it strong,
Where ere we go, we will always know,
That the Cub Scouts go hiking along

In and out, all around,
You will never see us frown,
As the Cub Scouts go hiking a long.

HIKING SURVIVAL KIT

Having these 10 items may save your life

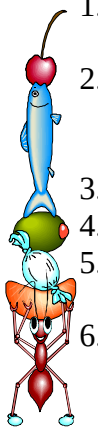
1. FIRST AID KIT [use film canister]
   a. Wrap some adhesive tape around the outside of the canister
   b. 2 Band-Aids and a sterile non-stick pad
   c. Safety pin and needle thread with dental floss
   d. Envelope of Neosporin
2. Two foot long piece of string
3. Two egg carton fire starters *[wax poured over sawdust in cardboard egg carton]*
4. 10 waterproof matches *[dip in melted wax]*
5. Large plastic bag
6. Plastic signaling mirror or canning flat
7. Aluminum foil folded flat.
8. Whistle
9. Paper and pencil
10. Fishing kit—hooks, line, sinkers.

RUN ON - 2

Cub 1 – *Walks on stage, faces audience, in a dignified voice says,*

"Poem by Henry Gibson, "Ecology"," "I shot an arrow into the air ----- It stuck!"

APPLAUSES/CHEERS



1. BACKWOODS-- Pretend to slap mosquitoes that are landing and biting all over the body.
2. CAMPFIRE-- Look around and pretend to gather some wood and tinder, begin building your fire, start your fire by striking the match on your back side, as the fire catches, say, "Crackle, cr ackle, crackle".
3. SLEEPING IN THE WOODS-- Make snoring sounds.
4. HIKING-- Pretend to be a hiking up a hill, wipe off forehead, and say, "This is fun!"
5. SQUASHED-- Leader counts out three slaps, on the third slap, the boys each imitate the squashed bug of their choice.
6. PINK PANTHER-- What did the Pink Panther say when he stepped on an ant? *(To the Pink Panther theme song, while grinding heel into the ground "Dead Ant, Dead Ant, etc."*)

CUBS IN THE KITCHEN

FANCY FRANKS

6 Buns halved and buttered lightly
6 Wieners split almost through lengthwise
1 Onion chopped
6 Slices Velveeta or American cheese
Ketchup

Arrange bun halves on broiler pan cut side up. Place wieners, spread open, on buns. Sprinkles with onion and cover with cheese. Pour ketchup over cheese. Broil until cheese melts. Serve hot. 6 servings.

ALPHABET TREATS

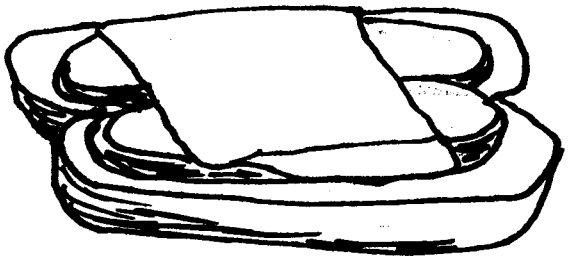
1/2 cup light corn syrup
1/4 cup sugar
One 3-ounce Pkg. Jell-O, any flavor:
3/4 cup salted peanuts
4 cups Alpha-bits cereal

Combine syrup, sugar, and Jell-O in saucepan. Stir over low heat for five minutes or until sugar and Jell-O are completely dissolved. Combine peanuts and cereal in a large mixing bowl. Add Jell-O mixture; mix well. Moisten hands in cold water. Form cereal mixture into balls. Wrap each in plastic wrap.

FIRECRACKERS

1 six oz. can frozen grape juice concentrate, thawed
4 cups lemon lime-soda
1 pint vanilla ice cream

Pour concentrate into a pitcher, and gently stir in soda. Put 2 scoops ice cream into each glass. Pour grape juice over ice cream. Serve immediately with a straw, if desired.

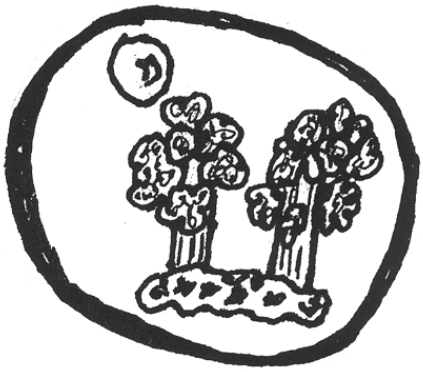


TREES IN A BROCCOLI FOREST

DIPPING SAUCE
1/4 cup plain non-fat yogurt
1/4 cup light sour cream
2 teaspoons honey
2 teaspoons spicy brown mustard

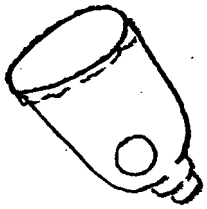
BROCCOLI TREES;
2 carrots, peeled if desired
3 cups broccoli florets
4 cherry tomatoes
3 Tablespoons fresh parsley

To prepare dipping sauce, combine all ingredients in a small bowl. Trim ends off carrots and cut in half crosswise and lengthwise to make four pieces. Arrange each plate by putting two carrot pieces side by side in center. Arrange broccoli around carrots forming a cluster. Place a cherry tomato at the top of the plate Spoon dip around the bottom of trees and sprinkle with parsley.



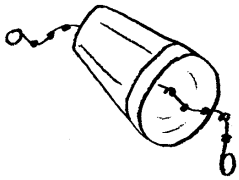
THEME MIDWAY: "Join the Parade"

PING-PONG DRUM



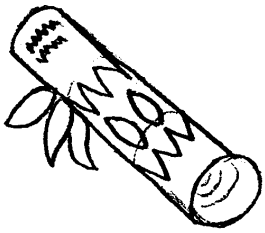
What you need:
I large round balloon
1 Ping-Pong ball
l small plastic soda pop bottl
Directions:
Cut top off balloon, below the neck. Cut the bottom off the bottle. Hold bottle, bottom up, between your knees. Put Ping-Pong ball in the bottle. Use both hands to stretch balloon tightly over the bottom of the bottle. tape in place.
To play the drum, shake the bottle. Change the tone by holding your hand over the open end.

KNOT POPPER



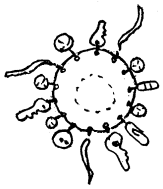
What you need:
foam cup
pencil cord or heax3r strin
2 metal or rubber washers
Directions:
Cut a long length of cord. Make knots along the cord, close to each other. Make a small hole in the bottom center of a foam cup (it is important to make the hole just a little .smaller than the knots. If the hole is too big, get another cup and use smaller object to make hole. Feed one end of the cord through the hole. Tie a washer to each end of the cord.
To play, pull cord back and forth through cup.

LOG DRUM



What you need:
3 or more large fruit juice cans
strong tape; 2 sticks
grocery bags
scissors, crayons or markers, gr
Directions:
Remove both ends from three or more cans with adult supervision. Tape the cans together to form a log. Cut out enough brown paper to wrap around the log.)You may need two or more to cover the log.) Roll the paper around the log and tape it in place. Draw a wood grain design on the paper with crayons or markers. Decorate with green leaves and tape underneath the log.
To play, strike the log with the sticks to create sounds.

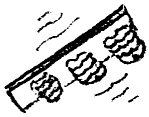
TERRIFIC TAMBOURINES



What you need:
Aluminum pie plates
Garbage bag twist ties
Jingle bells
Keys, paper clips, buttons, misc.; Ribbons
Directions:
Punch holes around a couple of pie plates with a paper hole puncher. Use the twist ties to attach the bells, keys, etc. to the plates. For dramatic effect, string colorful ribbons through a few holes.
To play, shake or slap pie plate.

BOTTLE CAP CLINKERS

What you need:
Collect dozens of old-fashioned glass soda pop bottle caps
Large nail for punching holes
2" nails for fastening caps
Wood

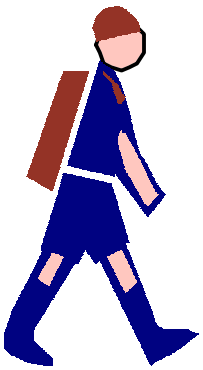


Directions:
With adult help, use the biggest nail to punch a hole through the center of each cap. Place 4 caps on each 2-inch nail. Make 4 nails with caps (or as many as your wood will hold.) Hammer the nails halfway into the wood, leaving the bottle caps free to jingle.
To play, shake the finished rattle.

MARACAS

What you need:
Film containers
Popcorn kernels, rice, or beans
Glue…knife
Popsicle sticks
Spray paint or musical stickers
Directions:
Fill one-fourth of each container with the kernels or beans, etc. Place a little glue on the inside of the lid and close tightly. With a knife, make a small slit in the lid and close tightly. Put the popsicle stick inside the lid. Decorate as desired.
To play, shake for noise.

DEN AND PACK RECOGNITIONS



Hiking Staff
Hiking Boot
Water/Hydration Award
Nature Awards
Snake Bite Kit Award
Patriotic Awards

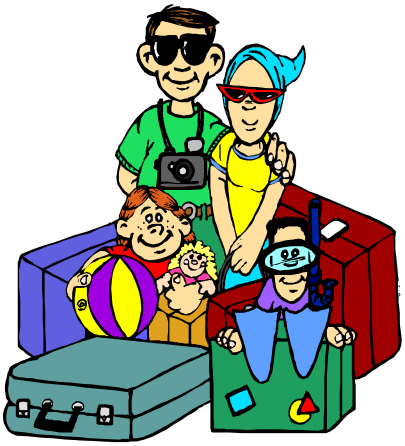
Nature Awards:
- Eagle--Soaring High
- Buzzing Bee
- Owl Award - Wise Guy
- Fox - Sly
- Beaver--Busy

BSA FAMILY AWARD

Suggested Topic

'Enjoying Family Fun'

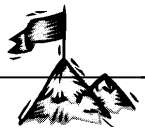
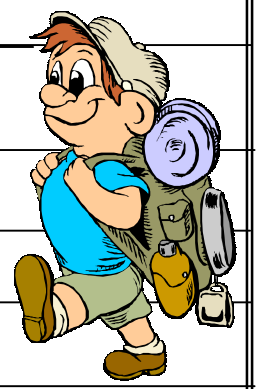
(Family Book p. 7)



Summer is half gone. Have you done anything yet as a family? It is easy to fill our time with activities. Children' s sports, adult events, family reunions, Scout day camps--these are all great projects that take time, and often take time away from the family, if we are not careful.

Make certain to plan time for family activities. If long-term vacations are not in the budget, plan several weekend trips. Camping, going on a picnic, going to a museum, etc. are all fun things to do, especially if you do them TOGETHER. Proper planning will ensure that everyone has a good time and has their needs met. Talk together about what you want to do and where you want to go. Sometimes let the children decide the plans and the outing. They can often be the most fun. Plan your family fun, then *enjoy* the time together.

THEME RESOURCES -- A Hiking We Will Go

CATEGORY	NAME	BOOK OR REFERENCE (Note: All books can be found at Scout Shop)
Extra Ideas	Critters, Cubs and Campfires; Happy Trails; Bugs and Things & See the Forest for the Trees; Trails, Treks and Tracks Nature and Outdoor Activity Ideas 	National Theme-June 2002, May 2001, April & May 2000, June 1999 Cub Scout How To Book Section 8
	Creative Hiking Ideas	Cub Scout How To Book pg. 8-3 through 8-6
	Take a digital picture (or use computer pics) of items to find on a hike. Print out a 'map' and have each Scout cross off items during the hike.	(note: don't forget to add a picture of litter and talk about conservation etc.)
Stories	"The Three Trees" & "The Gift of Trees"	Cub Scout How To Book pg. 6-5 & pg 6-15
Ceremonies	Hike Preparation Ceremony & Living Circle Ceremony	Ceremonies for Dens and Packs pg. 2-3 & 2-5
	Mountain Climbing, Bird Nest and Bird Watchers, Nature Visitors & Trees Closing Ceremonies	Ceremonies for Dens and Packs pg. 2-5, 6-3, 6-5 & 6-8
	Mountain Climbing, Top of the Mountain Four Winds & Colors of the Wind Advancement & Graduation Ceremonies	Ceremonies for Dens and Packs pg. 8-5, 8-12 & 9-4
Thank Yous or Awards	Compass-"Lead the Way" Flashlight-"Shining Example", "Light the Way"	
Songs	"She'll be Coming 'Round the Mountain"	Crazy Cory's pg 42
	"Hiking Song" & "Cubma ster's Hymn"	Crazy Cory's vol. 2 pg.50, 58
	"I'm Happy When I'm Hiking"	Creative Campfires pg. 65
Academic Pin	Wildlife Conservation	
Cub Requirements	Cub Scout World Conservation Award	
	Wolf Achievement 6-Start a Collection, 7-Your Living World, 10B-Plan a Walk with family, 12-Making Choices (treasure hunt-style hike)	Wolf
	Wolf Elective 7- Foot Power, 13- Birds, 18-Outdoor Adventure	Wolf
	Bear Achievement 5-Sharing your World with Wildlife, 6-Take Care of your Planet	Bear
	Bear Elective 12-Nature Crafts, 15-Water and Soil Conservation	Bear
	Forester, Geologist, Naturalist, Outdoorsman	Webelos